

Chris Wark (00:39.202)

Hey everybody, it's Chris. And today I'm interviewing Jennifer Dickinson. Jennifer and I met at the Annie Appleseed conference this year, 2026. And she just has such a great story of survival. 15 year glioblastoma, grade four survivor. She's a radical remission survivor. She survived against the odds.

And, I love sharing these stories. I'm a bit of a broken record. I say it every time. I love sharing survivor stories because there's so much hope and wisdom and practical advice that you will get when you pay attention and listen and learn from people who have done remarkable things and, whatever that is, whether it's getting to the Olympics.

or surviving cancer against the odds, right? We can learn from others and I love learning from successful people. And so I'm always encouraged and inspired when I do these kinds of interviews. So today it's Jennifer Dickinson. She's an author, cancer survivor, health advocate, and she has learned a lot in the last 15 years and has a lot to share. And she was born and raised in New York, which so was my mom. So we have that in common.

JENNIFER DICKENSON (02:03.592)

you

Chris Wark (02:05.556)

And she now lives in Georgia and with her husband and two daughters, which I also have two daughters, not a husband, I have a wife, but Jennifer, good to see you. How are you?

JENNIFER DICKENSON (02:11.624)

I am thrilled to be here.

Chris Wark (02:21.816)

Good. Well, you look great. You look healthy and vibrant and you make me look pale. You look like you've got a good sun tan and we just finally got some sunshine in Memphis. I need to get out in it. I've still got my winter paleness going on.

JENNIFER DICKENSON (02:24.732)

Thank you.

JENNIFER DICKENSON (02:33.86)

I'm

I know. Don't look at my legs. Don't look at my legs. Yeah.

Chris Wark (02:41.164)

Yeah, and I didn't.

yeah, I got it. understand. I should have tried to get some sunshine when we were in West Palm beach a few weeks ago at the NE Alpezeet event, but I just, I was a little busy. So did not get any beneficial sun. But anyway, let's, let's start with your story. Yeah. So take me back 15 years ago with you know, brain cancer diagnosis, what was happening in your life? How did all that, how did all that transpire?

JENNIFER DICKENSON (02:50.664)

you

JENNIFER DICKENSON (02:54.344)

You were busy.

you

JENNIFER DICKENSON (03:09.96)

Yeah. Well, in 2011, I had my own firm. had a partner and it was like this big deal firm, the largest female owned real estate firm in the southeast. So we had all these offices and all these employees. mean, I had lawyers who had worked

who had been in the war and I was their boss, right? And so I was 44 at the, we started it, I was before I was 40, but by the time I was 44, that's where I started to have problems. The stress was incredible in what I was doing because we had the financial crisis that was happening at about that time. And we had, like I said, all these offices and I was trying to manage all of that and having to let people go. And it was very complicated and stressful for

Chris Wark (04:01.656)

Then you were a real estate attorney, right? Not a real estate agent. Yeah. Yeah. Got it.

JENNIFER DICKENSON (04:03.846)

Correct. No, correct. Real estate lawyer. And the firm was a law firm. And we did litigation and we did real estate. And I did the real estate side, commercial, residential, stuff like that. And I was pretty good at it. And I did a lot of public speaking about the legal, the laws associated. I would teach the other lawyers or the bankers and stuff. So, but in January of that year, I started having issues with

Chris Wark (04:08.204)

Mm-hmm.

JENNIFER DICKENSON (04:31.75)

with remembering clients' names. And also I started to have issues, like all the lights would always be very bright around me. And I'd be like, this is weird. But I'd just get the IT guy, like, can you fix this? And do all this stuff. But then it was getting worse and worse. And I was having trouble reading. And then I really stopped.

being able to remember certain clients and I had these big clients who were like athletes and stuff, big deals and I had these great accounts and I'd be like, what sport? And I'd try to think about all the sports and I couldn't get it. But then towards the end of it, I couldn't remember the other lawyers names or some of my staff. And I'd be like, what's your name? Just like you talk to your kids sometimes, right? You're so busy and stuff, but you don't normally do that at work.

I finally got a scan and an MRI and I had an appointment at one o'clock. The MRI was at 11 because that's how I'm a go, go, go kind of person. And then at 11 o'clock I had the MRI and then they were like, he comes back in and goes, we're going to have to do a contrast. And I was like, I didn't know what any of this stuff was, but I thought that's not good. You know, like they're coming back for doing more. This is not good.

He did that, they put me in the waiting room and they said, they said just, you know, hold on for a minute, we're gonna get the results. I had went to this other guy and he said, you've got brain cancer, it's grade three or four. I mean, they're just setting it, you can't drive home, you've gotta call someone. And I was like.

really practical. was like, geez, well that's, thank you for letting me know, that's interesting, whatever. But they put me back into the waiting room.

JENNIFER DICKENSON (06:26.436)

waiting for my husband to come and all of sudden I'm just breaking down, right? You have to take a minute to evaluate just, I'm sure you too, as in your personal experience, it takes a minute because you're just performing but then your emotions step in and I was like, wow, I'm a lover of life, you know? Like, how is this happening to me? But I was...

Crying, pouring. So they get me out of there, because that's not good for business, right? To have somebody like crying in the waiting room. They shoved me into the workers area so I could sort of process this a little bit better. And then I just went to the hospital and ultimately they said grade four, very aggressive, 94 % will die. 95 % will pass within 12 to 18 months. And that was kind of the

beginning. The weird thing is they took a sample, this is where my cancer was, and they took a sample of it when I was in the hospital, but they didn't do a full resection and

And everybody thought, that's so weird. Nobody does that, right? Because that's creating more inflammation and potentially more growth, which this is a fast growing cancer. But actually, it was a blessing. There's so many blessings that came from this nightmare, right? Which started as a nightmare. Amazing things. But what that did is it took them 10 days to get the results of that.

little sample, right? Just that. But what I started to do very quickly is I started saying, my gosh,

this is really bad news, you know, but what can I start to do for myself? And my brother sent me a CD, a CD, DCD video, video. I have some stuff. I had brain cancer, so I'm always like, sometimes I can't get a word or whatever, whatever. You just deal with that.

Chris Wark (08:28.014)

Hey, I the same problem and I don't have brain cancer. what's that? I have no excuse for my you for being, you know, getting discombobulated.

JENNIFER DICKENSON (08:30.108)

Well, honestly...

JENNIFER DICKENSON (08:39.46)

But he did send me this CD video thing that was Qigong, how to do Qigong, breathing and all this stuff and also about directed meditation and I started working on breathing in and out and then I also knew I was a vegetarian for 16 years before I got sick and so I thought I ate really well but in this process of waiting, waiting, waiting I was able to figure out

the food a little bit better. Like, my god, look at some of the garbage. I literally went in my pantry and I was disgusted. And I thought I was a healthy person. Kind of like you. You changed everything. But having those tools for me at the very, very beginning, it allowed me to get off of fear zone, which obviously there was plenty of it, but it wasn't just fear. I was like...

what can I do? What can I do? I don't want to be a victim. And so that process, ultimately I had surgery, then I had radiation and I did have chemo. But again, they kept telling me, literally they would say, now you, this is gonna, this is just buying you a couple more months.

Like all this stuff we're doing, can't, we can't cure you. You will die. This is what the percentage kept saying. But I had this like, I don't know my, the way I am or as a lawyer or whatever it was, I was like, you don't know. You know, you don't know what's possible in me. And that was a very important decision to say, I'm going to take control of my life. And you have a limited piece of.

information you don't even know me. You don't know what my constitution is. So very early I had to start fighting for myself and saying

JENNIFER DICKENSON (10:37.8)

this is what they can do. Like I always say it's like a pizza pie and at the beginning they teach you they are the pizza pie. They're the whole thing. Nothing else. You want to eat vegetables? I don't care. This is the answer, right? But I started very quickly to understand they are a piece of the pie and then so is my mind and so is my spirit and so is my body and that became the big magic for me is to

Anything I could do for to help me I would do anything that was Bad for me including toxic people in my life you're out and I just that was sort of my mantra and And I at the bout three

months of doing this I kept I learned about 22 tools That were supportive of me and I just used them and I still use them now But they're simple

basic stuff like one of things that I saw is that it's important to sleep. If you're fighting cancer you gotta eat. But when I went to the doctor they said when they did radiation they said if you feel tired just have some coffee and you know it'll keep you going. like I intuitively I was like that's the stupidest thing I've ever heard of.

That's the stupidest. If I'm tired, I should sleep. My body is healing while I sleep. But I learned that we should sleep at, you know, try to get to bed at 10, 1030 and then get a full night's sleep because the studies of what happens at the middle of the night, all these great things happen. So that was kind of the that was kind of the

the beginning of it after nine months, even though the doctor would always say, when this comes back, when this comes back, and I'd be like, if it comes back, it was like a fight, you know, we would have back and forth, literally, and I would always win, because I'm not gonna let that go. But it would shake my confidence for a couple of times, you know, for a day or two. And then I'd have to finally just...

JENNIFER DICKENSON (12:51.113)

shake it off and just be like, they don't know what's possible in me, right? They don't know what's possible. So then, like I was saying about nine months, nine months, 10 months, I was like, I've got this. Like, it was in my core. I knew that this was not going to come back. It was an understanding. And there were a lot of things that happened during that time to get me to that point. And but I knew that in

Don't shake me off my mountain because you can't, right? That's where it was. So then after about three years, people were like, Jennifer's still alive. What is, what is she, how is she alive? What is she doing? So people started contacting me to refer people who had cancer, no matter where it was, cancer, breast, any body part. And they would just say, what, what did you do? And just like you did, you know, you have this calling because

You didn't ask for this, came out of nowhere, right? Seemed like the worst thing in the entire world. And then all of a sudden you start to call this. You start to understand that you have been chosen to help other people. And because people don't know where to even start, right? So I started coaching people and not...

like not like you but just call me on the phone and I have like a little paper and stuff like that and then after about four years of that I decided I had I need to put this in paper and I wrote a book and it took me six years to write it because I can't read like I did as a lawyer as a lawyer you scan legal documents zoom zoom zoom that I cannot do that anymore because of the damage that was caused there and

There are other issues, cognitive issues. You're not gonna get out of this without having some issues. But anyway, so I wrote the book and I just used that as a great...

JENNIFER DICKENSON (14:54.633)

tool other people can use like here are the pieces you know just I mean your book is ridiculously unbelievably famous and in all of that and we're so grateful for it but I didn't have any books at that point um even Radical Remission with Kelly Turner that came out in 2014 I was diagnosed in 2011 so and I couldn't really read much so it was really intuitive for me I would lead to one to thing and another and another and it just

started making sense. So the body and the food, the sleep, the exercise, removing toxins in your body, I got that. That's like the base of the tree. And then to me, I see the middle of the tree is the mind. This is, you know,

Directed meditation meditation. It is spending time in nature. It is Qi Gong, right? That was unbelievably helpful and then for me the last part of it is the spiritual which I actually think is the best part and the most important because I didn't grow up in Religion my parents were sick of the Catholic Church and I was the youngest and so I didn't know what everybody was doing on Sunday but

I believed in a universe, I could never say God, but when this happened, so many amazing things that do not make sense, but they do now happen during that time. And I started to feel and get messages from the other realm, which I know that sounds kooky, but that's how it was. And I just started writing all the answers of what they were saying and...

And that helped me heal. Literally that helped me heal some of the old stuff that we carry in ourselves. had to almost, it's almost like a rebuilding of yourself. And when you're 44, when I was 44, thought I was such a big shot, got this big firm, everybody knows me. And then when I got sick, I realized.

JENNIFER DICKENSON (17:00.572)

there was a reorganization of my life and I saw God first, then it was me, then it was my family. And then here's the amazing thing, I looked down and there was nothing else there. Like all my accolades as a lawyer, whatever, nothing else mattered. And that's a gift because a lot of people who I talk with who've got cancer, they do not get the wake up call message.

They're just, this is the worst thing. I've got six months. I'm going to eat all the ho-hos I can because I've got six months. Instead of understanding, this is a wake-up call for a reason. This is an opportunity if you choose to take it. yeah, so that's kind of how I see it. And that's how I see other people. So it's very exciting when people do dive in.

But sometimes I have people, like I had a 12 year old, he went to school with my daughter and he had glioblastoma. And I talked to the mom, I didn't know her, but I said, gee, four years ago I

had glioblastoma, I'd like to share with you the tools. And they're not that difficult really, honestly. She said,

we pray to God, we believe in God, and she goes, we're going to trust what the doctors say. But if that doesn't work out, then we'll follow your thing. And I thought to myself, no, no, you got to dive in.

Fast, fast. It's a fight. It's a fight. know, I know some people don't use the word fight, but for me, it's a fight. And so you got to get on top of that. And so of course he was doing well for about six months. Again, with glioblastoma, it often comes back even worse because the origin, they do the surgery, but the angry original cells come back. They're fresh as big as strong. And that's kind of what typically happens. And so he started to lose his eyesight. He's 12.

JENNIFER DICKENSON (19:08.3)

And the mom calls me and she said, okay, we're ready for your magic wand. And I'm like, yeah, that's so that's a heart. It's a heartbreak. But what were they doing? What were they giving the kids? Candy, their friends were bringing candy and all the stuff that actually builds, feeds the cancer. So it's some of those things are heart heartbreaking, but you keep going, right?

Yeah.

Chris Wark (19:38.828)

Yeah, that's so hard. And I've definitely seen a lot of stories like that. I love like, jumping back into your story, I would like to highlight a couple of things you said that, I love. One was that attitude of defiance that you had. And I was, I was going to interrupt you and ask, but you are, you had already sort of answered it as you were talking. but I was going to ask you like, what made you think, you know,

that you could survive when the doctors were telling you, you only had a couple of months to live, but you had that attitude, which I encourage, you know, all survivors to have, which is to reject the prognosis, right? If your doctor says you have three months or six months or a year to live, you can say to yourself, you don't have to say it to their face if you don't want to, but you just say, you know what? No, I'm going to prove you wrong. Right?

JENNIFER DICKENSON (20:26.122)

Thank

Right. Yeah, definitely.

Chris Wark (20:32.064)

It's that attitude of defiance. you're not defining, you know, how long I have to live. You don't know who I am. You don't know anything about me and I'm going to do everything in my power to survive and I'm going to prove you wrong. And so I love that. mean, that is so key because

what's the alternative? The alternative is just accepting, right? well, I'm going to die in three months. Doctor says I'm going to die. then when you become victimized by that,

JENNIFER DICKENSON (20:44.138)
you

Chris Wark (21:02.284)
You know, it's prophetic. It's like, it's like a curse, right? It's like a medical hacks when they, when they tell you you're dying, if you, if you believe it, I believe that, you know, I believe that it, it just puts you on the path of death, right? You, it, it short circuits your ability to, take control of your life and your health, right? It, it extinguishes your hope and

JENNIFER DICKENSON (21:03.901)
and

Chris Wark (21:32.098)
You just become a powerless victim waiting to die.

JENNIFER DICKENSON (21:34.897)
Exactly. And I think that's so vile. really, my oncologist who I love, I've given him my book, he has not read my book. Right. And so, but you did a great interview one time and you were like, don't hate on the doctors too much because this is all they know. And I appreciate that. But I was very angry at the beginning, but I do think it might have fed into my def-

Defiance word I like that that you're using that word because it fed into that because I had to be angry that helped me Say you don't know who do you you know all of that stuff and I teach other people that you know? to have that that get that

kind of sense of themselves. It's really important part. And asking questions, you know, like you go to the doctor and he comes in for five minutes and he says, well, this is what you're do. You're gonna take chemo and you're gonna do this and this is, it's gonna be for 12 months. Okay, see you later. And then you're like, wait a minute, I have a few questions. And so you might ask your questions, but they use these medical terms. And I'm always like, look,

And I always think to myself, I'm a lawyer, like I trained and I deal with people all the time and stuff, and I like to think I'm pretty smart. But so many people, whatever their situation, lawyers or not,

feel afraid and intimidated by the doctor. So the doctors are there for us. We are paying for them. And so I would be sort of a little bossy. And I'd be like, I don't understand that word. I'm writing it. I have a nap pad with me. What is that word? What are you saying? You know, I would not be disrespectful. That doesn't help anything. But I am entitled to understand what you're trying to say. And I think a lot of people just, the doctor leaves.

JENNIFER DICKENSON (23:34.613)

They're with their spouse or their friend and say, what did that mean? That makes me crazy. So there are strategies that we can use very early on, and you don't have to read a tome to get the path. My whole thing, you're on a whole other level, but my path is just.

Here's how it starts. Just start here. You know, this is how it starts. People are using hyperbolic stuff and really fancy stuff. I'm like, that's cool. That's great. But your sleeping is number one. You know, your quality exercise, number one. The food, brilliance. You have to get that right. And anyway, that's good. I could just go on and on. so, I'm so passionate about it, obviously.

Chris Wark (24:23.806)

and I'm so glad you are because I am too. And you're right. It's those foundational things that are so simple that so many people aren't doing and haven't prioritized that can make the difference between survival and death. And that's again, what I'm encouraging folks to do what you're clearly encouraging folks to do is like, listen, this does not have to be a death sentence, but you've got to take control of your life. You really got to step back and take a look at how you're living.

JENNIFER DICKENSON (24:37.429)

Yes.

JENNIFER DICKENSON (24:46.611)

Right.

JENNIFER DICKENSON (24:51.059)

Yes.

Chris Wark (24:51.442)

And accept some responsibility that, you know what? Maybe the way you're living is killing you. Right? Maybe this is all your fault. Nobody wants to hear that. Right? Nobody wants to hear it. But listen, I, and I'm not trying to, you know, make anyone feel bad, but that's the way I talk to myself. Right? That is what, when I looked in the mirror, it's like, maybe this is my fault. Right?

JENNIFER DICKENSON (24:56.905)

you

JENNIFER DICKENSON (25:04.619)

Thank God!

JENNIFER DICKENSON (25:13.469)

Duh! You have to!

JENNIFER DICKENSON (25:19.476)

Me too.

Chris Wark (25:21.024)

Right? So step one is maybe it's my fault. Step two is if it is my fault, just logically, then maybe there's something I can do, or there are multiple things I can do to help myself get out of this mess, right? Climb out of this hole, reverse this problem. And, you know, it's a very simple, you know, sort of logical, step by step sort of

JENNIFER DICKENSON (25:30.378)

Yeah.

JENNIFER DICKENSON (25:39.253)

Whew.

Chris Wark (25:48.832)

way to think about it, but a lot of people, they don't want to take that first step, which is they don't want to admit that they might have something to do with it. And they'd rather be told by their doctor that, this is just bad luck or it's bad genes. It's nothing you had not, your choices had nothing to do with your current problem. Right? It's not your, right. It's not what you're eating. It's not the fact that you've been drinking and smoking and working too much and not sleeping enough and not getting sunshine and being overweight. Like none, it's none of that. Right.

JENNIFER DICKENSON (26:04.107)

That's what they said to me.

JENNIFER DICKENSON (26:11.147)

you

JENNIFER DICKENSON (26:16.597)

you

Chris Wark (26:16.65)

Nothing to do with that. has to do with pharmaceuticals you've been taking for two decades, you know, that tell you in the commercials, they cause cancer. Like, no, no, it's none of that. And so obviously I'm here to say, you know, it might be, it might be all of that actually. And why not change?

JENNIFER DICKENSON (26:19.741)

you

Thank

JENNIFER DICKENSON (26:30.397)

Yeah, yeah, yeah, and I like to talk. I didn't mean to interrupt. didn't. Yes, why not change and something.

Chris Wark (26:38.636)

No, go ahead. No, I'm just saying why not change? Yeah. Why not change the way you're living in every way possible? and because all these changes can only help you, right? These are all positive changes. They're not going to hurt you. You know, yeah, it's, hard to give up your favorite junk food and some of your favorite bad habits. get that, but it's for, it's for the greater good, which is your survival.

JENNIFER DICKENSON (26:49.886)

Yes.

JENNIFER DICKENSON (27:02.995)

Yeah, if that's what you're looking for. If you're looking for a ramp off, just to, I'm done with this world already, then that's a different, there's really nothing I can say to those people. God bless you and I love you, but I'm not in that pocket. I'm in the people who are genuinely interested. One of the things I talk to people, one of the first questions everyone say, what are you eating?

First thing I say is, what were you doing three years, in the past three years before you got diagnosed? The breast, the brain, wherever it is, that's where the rich information is, I'll promise you. I was getting a divorce from my husband, I was doing this, it's always something, I was a stress case, me for myself, I was a stress case, obviously, with all that liability, I didn't know how to handle all of that, the financial crisis with all the debt in the offices that we had,

It was too much, so my cortisone pip- piping, piping.

kept going every day and I just sort of became normal. That's not normal. That's not normal. So when I talk to people and say, what were you doing? Most people are curious about, well, they start getting it. I'm saying, these are the pieces that you need to start looking at. And then the second piece of it is sometimes you need to go to, I had like a healer who moved energy and would do tapping.

tapping like this kind of stuff, if you've seen that. She was helping me move old stuff, like old stuff, like when I was six or seven, and then just sort of cleaning up all of this stuff and even like...

JENNIFER DICKENSON (28:44.925)

even asking questions, why did I have to at the age of such a young age, why did I have to have this such a big firm and take on this liability and all of these people, what is it in me that made me do that? And I don't put that down on people and there's a lot of things to be pleased with, but at the same time,

It was an opportunity for me to realize I'm actually kind of a sensitive person, but I've been jerked into this professional vibe and making money and all of this. And I was out of balance. I was not in skew. Like I had a lady who was taking care of my little girls. But during the financial crisis,

I was trying to pay my employees, right? So I really wasn't making very much money, little. And I thought to myself, my nanny is making more money than me, and she's with my daughters where I would like to be. So I realized I was in a conundrum. I was in a really bad situation. But the reason I'm sharing all of this is that you got to get into that.

You've got to get into what was going on and how are you feeling about that because you've got to put the light on that. Once you do that, you can move it out. I always talk about the backpack, you know, like we're carrying so much junk in our backpack. So we're almost moving forward anymore. I'm like, grab the first thing at the top, put the light on it. that divorce was really bad.

Have I processed that properly? Like that's part of healing too. For me, I believe that was a critical part of me healing. And then I had a financial conflict during, in the middle of fighting the cancer that was a heart breaking and I had to deal with that business thing. And I'm like, how much can I take? You know, but.

JENNIFER DICKENSON (30:52.336)

I don't know how that works, you have to, that lady who was helping me helped me work through that, know, moved my energy, helped me be what I can. Because your family members can only do so much, and plus, they have their own...

Fears my husband had been told without question. I don't even think she's gonna make to 12 months now He didn't tell me that but they the doctors said she's a goner like six months seven months It's over and my kids were first graders and third graders. So How does he handle handling this? You know, we sort of talked about that with your your wife They are God-given right? Thank you for for choosing these people who helped us when we we desperately needed them

Never forget those.

Chris Wark (31:41.194)

Yeah, that's good. You know, something else you said that I think is really good advice for, for patients is when you said the doctor was saying to you when your cancer comes back and you're like, if it comes back. And I think it's completely appropriate to say, Hey, you know, I would appreciate it if you didn't talk to me that way. You know, I'd appreciate it if you say, if your cancer comes back to me, not when your cancer comes back. Right. You know, you can add just like.

JENNIFER DICKENSON (32:00.407)

you

JENNIFER DICKENSON (32:05.631)

I like that.

Chris Wark (32:08.994)

That puts a lot of fear in your patients, Dr. so-and-so, maybe you don't realize that. And just saying if instead of when is very hopeful. And like that, don't, it really would mean a lot to me. And I know to your other patients, if you wouldn't speak that way and you know, it's what's wrong with saying if right. There's nothing wrong with saying if it's not false hope. You know, it's just, he may be certain, but he was wrong.

JENNIFER DICKENSON (32:14.208)

Yeah.

JENNIFER DICKENSON (32:17.995)

Yeah.

JENNIFER DICKENSON (32:25.812)

Well said.

JENNIFER DICKENSON (32:30.113)

Thank

JENNIFER DICKENSON (32:38.462)

Yeah.

Chris Wark (32:38.7)

He was wrong in your case. just, you know, something else you said that I wanted to revisit too is like that you'd mentioned having some anger, right? And fear and anger are obviously very present in the cancer situation. And there's nothing wrong with those emotions if you can channel them. Right. So fear and anger, they're energetic emotions. They produce energy.

JENNIFER DICKENSON (32:59.914)

Yes!

Chris Wark (33:07.308)

And you can either be overwhelmed by fear and consumed by anger in a very negative and harmful way, or you can channel that energy into positive action. Right. So you take that frustration and fear with this doctor saying you're going to be dead and, and you like, use that, right. And you're like, I'm to prove you wrong. Like you just pissed me off. Like, you know what saying? You just pissed me off. So I'm going to prove you wrong. And that's great. I mean, that's

actually healthy. Right. And you think about like,

JENNIFER DICKENSON (33:26.12)

Yeah.

JENNIFER DICKENSON (33:35.148)

Yeah.

Chris Wark (33:36.726)

on the basketball court, you know, like the trash talking, right? The trash talking you on the basketball court and you just use the, instead of letting it get you down, you let it piss you off, right? Right. You let it piss you off so that you just outplay them, right? You just out-custle, you get scrappier. You're like, yeah, you just keep talking, right? You're just pissing me off. And so, and I'm going to use that anger and, and, and, and, in a positive way, into positive energy. So you can do that with fear.

JENNIFER DICKENSON (33:39.724)

Yeah.

Right, let's go.

Chris Wark (34:05.708)

And what I mean practically is like, take that fear or anger and use it to day by day, take care of yourself. Right? You just say, you know what? I'm not going to be afraid of dying. I'm, I'm, I have a little fear, but I'm going to use that fear to take a walk. Right? Right. I don't want to die. So what can I do to help myself not die? Right. I'm going to choose, choose this giant salad and I'm going to make the juices today.

JENNIFER DICKENSON (34:15.37)

Yes.

JENNIFER DICKENSON (34:23.785)

Yes!

JENNIFER DICKENSON (34:29.268)

Right.

Chris Wark (34:34.67)

Because I don't want to die. All right, I'm going to take a walk today because I don't want to die. I'm going to forgive these people who've hurt me because I don't want to die.

JENNIFER DICKENSON (34:36.17)

Right.

JENNIFER DICKENSON (34:41.708)

Yeah, wow, wow, you covered, that was well said. Yeah, perspective is one that you've talked about and I've also, somebody said to me when I was like four years out, they said, what do you think the most important thing happened? And I said, what do you think is the most important gem that you got? And I said, perspective.

my perspective changed. And at the first I thought, this is the worst thing in the world. And then I started going to Whole Foods and getting all the foods and looking at all the crappy ingredients and taking control is a really powerful first step. so I think, I don't know, I think there's so many things if people would just be willing to try and you can't guarantee anything, right? There's no guarantee. Everybody's different, but I do think

That's why I see it mind, body, and spirit.

I truly think that the mindfulness, they've studied, they have studied on the words that we say are very powerful. So if we say to ourselves, I'm gonna die, I'm gonna die, this is the worst thing in the world, and we just feel sorry for ourself, which you have every right to feel sorry for yourself. But if that's your mantra, then you're going to create that in your body, even more of that. But if your mantra is like, well, this one lady, she's 15 years of brain cancer, she had the worst thing and she's still alive, well, why?

Why can't I follow that? Why can't I be a survivor too? And that's why I think I appreciate you doing your survival people here because it's important for other people to see their lives in the survivor's lives and because it's absolutely possible. Here's a great one for you. We had a guy.

JENNIFER DICKENSON (36:28.234)

I was three years out, think, yeah, three years out, and he had glial blastoma, but in an area where it was spreading like this. So it wasn't like a nice contained like mine was like that. And so they said, we really can't do anything for you. You're done. Six months, you're done. Anyway, my friend knew him. So I went to his house and his wife and he followed everything.

He ate the good food. was actually he started with keto and he was doing all the meats and stuff and I'm like dude No, right like That's two. That's what is it three days in your body? You're creating a lot of inflammation I've said you got to be cool come cucumber now This is time to to rebuild and all of this so he but he followed what I was telling him and I mentioned this to you, but he's seven years clear of glial blastoma. Have they done

any studies on him, any interest, any curiosity, they say you're lucky, you're lucky. Are you kidding me? You know, that's that's that. These are the issues. This is why I do this and this is why you do this because people think there's nothing you can do and we're like wrong a million times wrong and and and then the doctor might say well there's no research for that. like

There's a gazillion research on all of this stuff, you know, so it's a lot.

Chris Wark (37:55.422)

If anything should infuriate you, is that it's the fact that the medical industry, you know, in large part, most physicians, yeah, have no interest in learning how people are healing cancer when they have patients that have these remarkable healing survival, you know, stories when they go into spontaneous remission or what we call it.

JENNIFER DICKENSON (37:58.509)

you

JENNIFER DICKENSON (38:17.643)

Yeah.

JENNIFER DICKENSON (38:21.356)

Yeah.

Chris Wark (38:22.796)

Dr. Kelly Turner calls radical remission. Yeah, they don't care, don't want to know, too busy to investigate. And it's not that these are bad people, but they're trapped in this system. They're overloaded with patients, right? They have more patients than they can keep up with. They have no time to really read or research on their own. Most of what they learn, they learn from pharmaceutical reps that come visit their office and tell them there's a new drug.

JENNIFER DICKENSON (38:50.636)

Good.

Chris Wark (38:50.934)

And then give them some studies that the pharmaceutical company did on that drug. Who knows if they're even legit. And that's continuing education, you know, for a lot of doctors, it's just the pharmaceutical companies are just telling them the latest thing, whatever they want them to know. And so, you know, I have a sympathy for them because they're trapped in a very good system that pays them really well. And it doesn't matter if you get well, right? It doesn't matter if the patients live or die, they're going to get paid really well. Just to keep, keep.

JENNIFER DICKENSON (38:56.434)

Yeah.

JENNIFER DICKENSON (39:15.222)

Yeah.

Chris Wark (39:20.514)

Doing the same things over and over. Maybe, well, we'll use this new drug now instead of the

old drug, you know, we hope cross your fingers. Maybe, maybe this will work a little bit better. Maybe people will live a little bit longer, you know, a few months longer than the old drug did. And, yeah, it's, it's really tragic. It's really tragic. And it is a, it is a cop out to say like, well, we don't have any evidence. There's no, there's no research on that. There's no evidence. I mean, there are so many.

JENNIFER DICKENSON (39:46.878)

You haven't done the work. You haven't done the work. you know, it's not that it's not. Yeah.

Chris Wark (39:51.064)

There are thousands and thousands of case reports, published case studies on spontaneous remission. The spontaneous remission project, you know, documents them. And there's been a bunch, even since that was published. I mean, just countless. It's happening all the time. Has there ever been a clinical trial? No. Right. No one's ever funded a legit clinical trial. And you couldn't anyway, you can't placebo fruits and vegetables.

JENNIFER DICKENSON (40:07.393)

Yeah.

JENNIFER DICKENSON (40:19.796)

Hahaha

Chris Wark (40:20.172)

Right. It's not possible. So if you can't have a proper placebo, then, then it's not a proper clinical trial. Then no one trusts it. Right. You can only placebo a drug. can't placebo broccoli. So, I mean, but then they just, again, they use that those, sort of obvious, limitations to throw the baby out with the bath water and just say, well, we just, know,

There's no evidence. It's like, no, we have patient centered evidence. We have real people who've survived and healed. And if you would just pay attention to what they've all done, you'll find the common threads. And by the way, this isn't necessarily even a threat to the industry because you you did conventional treatments, but you did conventional plus, right? Conventional plus, conventional plus radical life change.

JENNIFER DICKENSON (40:54.219)

Right.

JENNIFER DICKENSON (41:00.204)

you

I did. That's exactly and immediately. And immediately. Right. Right.

And because it was so bad, they said, do that, but you're never going to cure this. And like I

said, the percentages, but I diatomid immediately. And I truly think that that made the huge difference because I was, in fact, they were trying to make me take chemo for 12 months. And then I started to feel like I don't need this anymore. I just, I'm small. I'm a pretty small person. And I was like, I think this is going to knock me down more than anything else. So I tried to get off of that.

and the doctor's like no you can't do it and then however I started getting rashes everywhere and he's like we're gonna have to put more drugs in you so you can tolerate the that happening and I was like I'm not doing that and I later discovered you have to be your best

advocate for yourself. You have to be. There's nobody most interested in you than you. And you have to be your self-advocate because you're going to get messages all over the place. But with that particular situation, I went back to Duke and I said, look, I don't want to take this anymore. And they said, I don't want 12 months. I feel like it's been enough already. And I could tell it was ravaging me. I was a healthy person before this, but I was like, I don't want it. They studied. They said,

JENNIFER DICKENSON (42:28.712)

The company that made that, they only tested it for six months, not 12 months, six months. And so, and that's where I was, at the six months and I didn't want to do it. He said, they said the document, the research that they did says, if a doctor wants to extend it to 12 months or whatever they say, then that's fine too.

They never tested it for 12 months, but it's a typical way that they do it. So I was so glad.

Chris Wark (42:57.6)

Well, and they make more money, right? If you take it for 12 versus six, so they got no problem with that.

JENNIFER DICKENSON (43:01.036)

It's disgusting. When I saw that I like lost my mind. Yes, but they actually make money on the chemo. Ugh, gross.

Chris Wark (43:09.858)

Yeah, they make, they make a lot of money on chemo drugs, oncology clinics, and it's the only segment of medicine where doctors profit off the drugs they prescribe. And again, that it's, been known forever, but most people don't know it. They, right. That's the only segment where doctors make a percentage of profit from the chemo drugs. So in the U S it's different in other countries, but in the U S they do, and they've even, I talk about this in my book and Chris beat cancer, but

JENNIFER DICKENSON (43:24.266)

No.

JENNIFER DICKENSON (43:31.946)

Well, yeah.

Chris Wark (43:40.088)

There was some regulations passed to try to limit because, know, regulators and people with some ethics and whatnot knew like, Hey, this is a problem, right? This is a perverse incentive, you know, and we need to try to, try to regulate this so that doctors aren't just prescribing a bunch of chemo, you know, because it makes them more money. And so they, they put these regulations in place and they limited the amount of markup.

JENNIFER DICKENSON (43:49.868)

Hmm.

Chris Wark (44:10.68)

that oncologists could put on a drug, right? So they've limited the markup. And then in a very short time, they realized that oncologists were found a way to get around it by prescribing more treatments.

JENNIFER DICKENSON (44:24.328)

Chris Wark (44:26.614)

Yeah. So instead of giving you six treatments, they would give you eight to make up for the lost revenue from not being able to market up as much over six. So like, we'll just make it eight treatments and then we'll make the same amount of profit. So it's like, has nothing to do with the patient benefit at all. And that's the gross, you know, the gross side, disgusting side of, of cancer treatment. unfortunately, and again, not all oncologists do that, but enough did it to where

JENNIFER DICKENSON (44:32.412)

Wow.

Chris Wark (44:56.78)

you know, again, I talked about in the book, it was published in, you know, medical journals and scientific papers and research stuff that they were doing this, right? It was, it was not a conspiracy theory. It was just well documented that that's, this is what was happening when they tried to limit the amount of money that oncologists made off chemo. So beyond that, you know, I think the, the, the bigger message and what you're talking about is so important is being your own advocate, really, you know, researching

JENNIFER DICKENSON (44:57.174)

So yeah.

JENNIFER DICKENSON (45:07.776)

Yeah. Right.

JENNIFER DICKENSON (45:13.279)

Wow.

Chris Wark (45:26.392)

For example, the treatment they're recommending and the number of treatments are recommending and the dose they're recommending. What is that based on? Right? Is that based on a clinical trial and which clinical trial had the best results? And so I'm thinking of an example of a patient I know who went to an oncologist and the oncologist was actually really great. And he, he printed out a list of studies.

JENNIFER DICKENSON (45:40.522)

you

Chris Wark (45:53.126)

on, you know, using some different drug therapies that were all to treat this specific type of cancer. And so he printed off this little packet of studies. He'd just done this on his own time and gave to the patient and let the patient look at it and say, look, you know, so there's some different studies. There's this one and this one. There's a few different combinations of drugs. And so take a look at this and think about it. And I mean, to me, that was very noble.

He wasn't pushing one treatment. I mean, he had an idea of what to do, but he just said, I just want you to see these are the different trials they've done, you know, for your type of cancer and here's what's out there. And the patient ended up picking a sort of a more obscure drug that his oncologist told him about that had a very high success rate, very high. And this was Jim Purley for Lynch driven cancers, rectal and colorectal cancer.

JENNIFER DICKENSON (46:20.939)

Yes.

JENNIFER DICKENSON (46:32.907)

Yeah.

JENNIFER DICKENSON (46:40.938)

Wow.

Chris Wark (46:49.358)

And so it's an immunotherapy drug. a monoclonal antibody. But anyway, and there's a trial that has, it's ongoing, but it's probably six years going now where they have almost complete remission using Jim Pearley for Lynch driven cancers. It's the drugs also called Dostarlamab. And they haven't heard much about it, but they've had this incredible success with this trial going at Sloan Kettering. And so, yeah, so the patient took that.

JENNIFER DICKENSON (46:52.683)

ooo

JENNIFER DICKENSON (47:08.939)

Wow.

Chris Wark (47:18.446)

went complete remission and it's been a few years. It's doing great. So anyway, just one example of like that is, that's that's a really, that's almost like a exemplary doctor patient relationship situation. And it is not the norm, unfortunately. And it should be. And by the way, the doctor was willing, he had never prescribed this particular drug. Like he knew about it.

JENNIFER DICKENSON (47:19.978)

Wow.

JENNIFER DICKENSON (47:33.202)

Yes.

JENNIFER DICKENSON (47:38.516)

Yes.

Chris Wark (47:45.87)

He shared it with the patient, like, there is this one study and the results are pretty good. And the patient was like, Hey, can we try, I'd like to do that. Try this. he was like, okay. Yeah, you know, we can, we can try it. It's approved. Your insurance will cover it or whatever. so, so anyway, he ended up being that doctor's first patient that took it, but, uh, and did well. anyway, that's

JENNIFER DICKENSON (47:55.678)

Wow. Wow.

JENNIFER DICKENSON (48:08.916)

There's a book about, he was an oncologist and he started to see, he saw his patients not doing well at all. And then this one guy comes in and he's like really springing. He's doing great. And he's like, what's going on? He deigned to ask, what are you doing? And he goes, well, I've been going to this holistic guy and I'm.

doing some different things and taking these different ideas. And also he wasn't doing qigong, but he was doing some kind of energy work. And so instead of just saying, that's cool.

That's great. He literally dove in and researched all of this kind of stuff. And then he started to figure out how to do it for himself. And he was teaching the patients at the beginning. So maybe with the treatment, but in addition, let's do our breathing techniques. Let's go like this and pull it

down. And he was teaching them. I mean,

Wow, right? So there are doctors who are curious. You I'm always like, you're scientists, right? You're scientists. But we've gotten so far away from how it used to be like 100 years ago, where they came to the house and, know, they really just wanted to help you. It wasn't such a profit driven. Now you got to have the

you know, the million dollar cars and the fancy stuff and the big house. Well, it didn't used to be that way, as you know. But there are some really good ones out there who are really genuinely curious about how can I learn from this, you know? There's not too many, not enough of them.

Chris Wark (49:45.228)

One of my favorite, yeah, not enough. One of my favorites is Dr. Bernie Siegel, who, you know, he wrote love medicine and miracles. Is that Bernie Siegel? Is that Bernie?

JENNIFER DICKENSON (49:55.818)

Yes.

Chris Wark (50:01.198)

I'm pretty sure it is anyway. But he, you know, he was a conventional oncologist, but he started to notice that he had these patients that were thriving and he called them exceptional survivors. And he started paying attention to and asking them, what are you doing? Tell me what you're doing. What are you doing at home? Like, well, how are you eating? me about your mindset. What are you...

JENNIFER DICKENSON (50:01.44)

I think so. I think so.

JENNIFER DICKENSON (50:23.724)

Yeah.

Chris Wark (50:27.182)

And so he started really investigating and listening to them and then, and then teaching his other patients what he was learning from these exceptional survivors. And anyway, wrote this fantastic book, love medicine and miracles. And, uh, and so, yeah, it it definitely is Bernie Siegel for a second. was getting Bernie and Bruce Lipton mixed up in my head. And I'm like, which one? But anyway, and so that, that highly recommend that book for anyone that hasn't read love medicine and miracles, especially cancer patients, because, um,

JENNIFER DICKENSON (50:45.31)

Yeah.

Chris Wark (50:56.64)

It's along the same lines as radical remission. It's about his experience with patients and what he learned from patients who survived against the odds. And what you're going to find is you're going to hear those same lessons, right? Those same like wonderful, encouraging, hopeful strategies that it's again, it's the common threads. We just see it over and over.

JENNIFER DICKENSON (51:06.316)

Yeah.

Yes! Yes!

JENNIFER DICKENSON (51:17.142)

Right. Yeah.

JENNIFER DICKENSON (51:24.353)

Yeah.

Chris Wark (51:25.358)

You know, they, they vary in the treatments they do. I mean, you did the conventional treatments. I only had surgery, you know, so there's a full spectrum of people that do no conventional to be able to do everything the doctor says. But between those two, it's the attitude, their diet and lifestyle changes, their, uh, their spiritual life, um, exercising, right? Supplements, all the stuff in the middle, the relationship. And so.

JENNIFER DICKENSON (51:31.338)

Yeah.

JENNIFER DICKENSON (51:36.491)

Yeah.

JENNIFER DICKENSON (51:41.568)

Yes. Yes.

JENNIFER DICKENSON (51:52.564)

Yeah. Yeah.

Chris Wark (51:56.078)

You know, I just love, uh, I love your story. I'm so glad you're thriving and like, just have such a, a wonderful, like contagious enthusiasm, uh, you know, telling your story. And I love that. And, I want to make sure that people know how to connect with you, follow you, you know, uh, where they can get your book, all that kind of stuff.

JENNIFER DICKENSON (52:00.866)

Thank you.

JENNIFER DICKENSON (52:05.995)

Yeah.

JENNIFER DICKENSON (52:18.219)

Yes, well I've got a website Jennifer Dickinson.com and my book is Amazon and you know all of those like that not in the stores. Some of them I have in the stores but the big ones are online and then also my LinkedIn is Jennifer L Dickinson. So that's but my website is great and you can also contact me through the website so there's a place there so.

Chris Wark (52:45.858)

book title.

JENNIFER DICKENSON (52:47.433)

book is called the case for hope looks like that he's for hope yep there's another book out there that's the case for hope but it's a it's just a spiritual book mine is mind body and spirit so you have to put jennifer lagusa dickinson so you make sure you get that one

Chris Wark (52:50.68)

Got it. Yes. Yes.

Chris Wark (53:06.508)

The other author is also named Jennifer Dickinson. Yeah, you're right. Yeah. Yeah, that's great. Well, something else before we jump off, I just think it's interesting that we also have this in common, which I didn't mention earlier is that I was in the real estate business during the collapse. I was, yeah, absolutely. I was a full-time professional real estate investor. I had been...

JENNIFER DICKENSON (53:08.511)

No, no, no, that would be nice if I had all of that, no.

JENNIFER DICKENSON (53:27.424)

Really?

Chris Wark (53:35.406)

uh, doing that for six years started in 2002. And I had, I had acquired a number of rental properties and I was flipping houses and I was doing all the stuff. Like it was, I was like, this is what I want to do. And I was, uh, you know, building a business and like just working nonstop and trying to, you know, trying to provide for my family and all that. And then the bottom fell out as you know, and we had the subprime mortgage crisis and all this kind of stuff. And it was,

I fortunately thank, thank God I had good mentors. And so I didn't lose any properties to the bank. didn't go bankrupt. You know, I, I kept everything I had, but it was, I had to get real scrappy. You know, it was, it was very, very intense. And this was, you know, this all happened,

you know, four years after my diagnosis. So I was in the clear, you know, in terms of cancer, but it was a, there was a lot of stress during that time.

JENNIFER DICKENSON (54:12.031)

Yeah.

JENNIFER DICKENSON (54:31.147)

Yes.

Chris Wark (54:31.842)

And I'm really thankful I didn't have a recurrence or something then, because, you know, I was really worried about, just being able to, to provide for my family and be able to make enough money to keep going. we were things, yeah, money was very tight. I ended up pivoting into being a contractor. So I, I, I had a great crew and I'd been renovating houses for six years. So I pretty much knew how to fix anything in a house. And so yeah, I did that for, for several years until the market.

JENNIFER DICKENSON (54:35.117)

you

JENNIFER DICKENSON (54:49.099)

Ha ha ha.

JENNIFER DICKENSON (54:56.173)

All right.

Chris Wark (55:01.762)

finally just sort of settled down and, then I got back into real estate. But, yeah. So that was a, yeah, that was a wild time for sure. So I feel you. know a lot of people I knew went bankrupt out of business, skipped town.

JENNIFER DICKENSON (55:12.087)

Thank

JENNIFER DICKENSON (55:18.439)

and killed themselves. There were a lot of deaths that a lot of people because they define themselves by being the top salesperson, being the biggest builder, being the best. Like people when you... Right, I was the biggest and they can't...

Chris Wark (55:21.398)

Hmm. Hmm.

Chris Wark (55:32.418)

Yeah. Biggest mortgage broker.

JENNIFER DICKENSON (55:38.766)

see themselves differently. Same with me, that shift, that perspective shift. You are not your job. And it's critical to understand that you are you. You are you. You're not your mom, you're not your dad, you are you. And that was a very important thing for me to learn because I was defining myself as this big shot lawyer. Who cares? Nothing mattered.

When I saw the truth, didn't matter. So don't tag those. Be you. Just be you and good things will happen. I promise. Yeah.

Chris Wark (56:03.746)

Mm-hmm.

Chris Wark (56:09.292)

I even had my, my real estate closing attorney that did, I mean, countless transactions for me went to prison. Yeah. Went to prison. mean, nothing to do with me, but apparently she got involved in some shady stuff, you know, with some other people and she went to jail, you know? And so it was like, man, it was just crazy times I'm telling you. But, but anyway.

JENNIFER DICKENSON (56:18.978)

Come on!

JENNIFER DICKENSON (56:26.158)

Bye.

JENNIFER DICKENSON (56:36.046)

That's crazy.

Chris Wark (56:38.702)

And we could probably talk, you know, swap stories for hours on, all. Yeah. Turn the real estate collapse. But anyway, I'm just again, thankful that the Lord directed my steps and I, know, we survived and got through it and, and, I'm on the other side of that and out of that business completely. Now once, Yeah.

JENNIFER DICKENSON (56:41.29)

Yes.

JENNIFER DICKENSON (56:55.278)

We are all so glad where you are right now. We are all so glad because you share this wonderful information, the way you share it, it's critical. And we said that, I said, know,

Chris Wark (57:01.44)

Well, thank you.

JENNIFER DICKENSON (57:12.392)

It is you, but you're you're you've got a vessel. You are a vessel and it's coming through you. I truly believe that I do. think I do too. I how am I in this situation? I feel like we're drawn to this and like what you do, like you had this thing. It's not like you were like, I have to do it. You want to you are learning. You're you're part of the solution here. And the more people who can do this, the better, right? To get the

Chris Wark (57:18.862)

Thank you. Yes.

JENNIFER DICKENSON (57:42.256)

word out. They're not enough people. They're starting to wake up. But this is a very important thing that you do. I'm so grateful for it. know millions of people feel the same. So it's nice to be able to say that to you in person. Very grateful.

Chris Wark (57:56.93)

Thank you. That really means a lot. And I can tell you, sort of sensed from your story that, you know, you were in a really tough business, right? It was, you had, it built a lot, built this, built up this big business and to be in a business like that, you really have to be tough. And, and I, you know, real estate was turning me into a person I didn't like.

JENNIFER DICKENSON (58:16.885)

Yeah.

Chris Wark (58:22.722)

You know, because it was just so hard. was just dealing with difficult people constantly, whether it was tenants or contractors, people ripping me off, stealing from me, thieves, know, vandals. I mean, I was carrying a gun every day. was crazy. Seriously. I mean, it was, you know, and I was really trying as a believer and having gone through cancer and like all these lessons that I had learned, but I was still in that business. And it was, it was just a fight to not.

JENNIFER DICKENSON (58:22.945)

Yeah.

JENNIFER DICKENSON (58:32.095)

Yeah.

JENNIFER DICKENSON (58:35.706)

This is... God!

JENNIFER DICKENSON (58:47.519)

So,

JENNIFER DICKENSON (58:52.493)
them.

Chris Wark (58:52.717)

Uh, you know, I was really fighting to not become jaded and cynical because I had mentors that were much older than me, a couple of several decades older than me that had been in the business forever kind of thing. And very jaded, very cynical, very sour and negative. And, you know, just, and I saw them like, I don't want to turn into that, but I feel like this business is going to turn me into that. You know, if, because you mean you can only get lied to and cheated and stolen from for so long and you just kind of lose faith in humanity, right? You just.

JENNIFER DICKENSON (59:06.699)
Yeah.

JENNIFER DICKENSON (59:14.42)
Yes.

Thanks.

Yes!

Chris Wark (59:22.382)

You don't trust anybody. know, you just, just, you become just so skeptical of everything and everyone. And it was like, man, I just don't want to live like that. And, so yeah, having said all that, yes, I am, I am also very thankful that, that the Lord gave me a different path and that I can do something that I really love and I'm passionate about. that fills me up with joy and, and hope.

JENNIFER DICKENSON (59:31.372)
Yeah.

JENNIFER DICKENSON (59:47.468)
Yeah.

Chris Wark (59:50.578)

And I get to talk to people like you that just are so inspiring and encouraging and trying to be a light in the dark as I am. And so here we are. It's just great.

JENNIFER DICKENSON (01:00:01.742)

Yes, yes, it's great stuff. Yeah, very much. I'm so glad to be here today and also having this conversation with you in particular.

Chris Wark (01:00:07.596)

Yes.

I am thankful to, thankful for another day of life. Yeah. Really thankful for another day of life. so Jennifer Dickinson, this was so much fun. You're amazing. I'm so glad we met. I'm so glad we decided to do this interview. You know, I love going to conferences because cancer conferences, because yeah, I just meet incredible people like you, you know, that have these wonderful stories that, you know, that I can share. so we're done sharing for now.

JENNIFER DICKENSON (01:00:13.003)

Yeah.

JENNIFER DICKENSON (01:00:23.395)

Thank you.

Chris Wark (01:00:37.912)

Folks, can again connect with Jennifer. It's jenniferdickinson.com. We'll put links in the show notes below the interview. We'll put links to her, her book on Amazon, and LinkedIn and you know, different places she shared. So you can connect with her, however you want. And, please share this interview with people that you care about. there may be people in your life that have a cancer diagnosis or a glioblastoma diagnosis specifically that

could really, really use some encouragement and some hope. And that's what Jennifer's here for obviously and me too. And so we just want to continue to, to push this message out to the masses that cancer can be healed. It does not have to be a death sentence that you have more power than you realize. And that you don't have to be a victim of disease, helpless and hopeless. And, and so anyway, we just appreciate you.

sharing this, forwarding it, liking it, subscribing, doing all that stuff. It just helps, helps me reach and encourage more people. So thanks again, Jennifer. Thanks for watching everybody. We'll see you on the next one.

JENNIFER DICKENSON (01:01:48.322)

Thank you.